



16th IAPESGW World Congress, 16 - 19 July, 2009, University of Stellenbosch, South Africa

*Practice and Research in Physical Education and Sport in the Spirit of Ubuntu
Celebrating 60 Years of International Commitment*

CONGRESS PROGRAMME

TUESDAY 14 JULY 2009

IAPESGW Executive’s Indaba with Sport Administrators of Cape Town Metropolitan Council, Athlone Stadium, 09:00 – 12:00

WEDNESDAY 15 JULY 2009 (Pre-Congress Day)

09:00 – 17:00 IAPESGW Board Meeting (*Department of Sport Sciences, University of Stellenbosch*)

09:00 - 15:00 Arrival and registration of delegates (*Registration in **GAMES HALL** at Department Sport Sciences, University of Stellenbosch*)



THURSDAY 16 JULY 2009 - Sports Science Building, Coetzenburg, University of Stellenbosch

08:00 – 15:00 Registration in **GAMES HALL** at Sport Sciences Building, University of Stellenbosch

09:00 – 12:00 IAPESGW Board Meeting (continued)

08:00 – 14:00 Setting Up of **POSTERS** in Sport Sciences Building, University of Stellenbosch

NOTE: Authors to be at appropriate poster session as per programme

17:00 OPENING CEREMONY, CONSERVATORIUM BUILDING, UNIVERSITY OF STELLENBOSCH

Master of Ceremonies: Alrine Rodgers

17:00 – 18:00 Official Opening and Welcome

Doreen Solomons, IAPESGW, Congress Director and Vice President of IAPESGW

Prof Julian Smith, Vice-Rector, University of Stellenbosch (Introduced by prof Elmarie Terblanche, US)

Dr Darlene A Kluka, President IAPESGW

Awards

18:00 – 19:30 KALEIDOSCOPE OF MOVEMENT – Groups chosen from the Western Cape

19:30 - 21:30 Opening Cocktail sponsored by Western Cape Department of Cultural Affairs and Sport



FRIDAY 17 July 2009 - Sports Science Building, Coetzenburg, University of Stellenbosch

07:30 – 08:30: Registration: GAMES HALL, Sports Science Building, Coetzenburg, University of Stellenbosch

08:30 – 09:00: Congress Opening Address – “Building Tomorrow’s Leaders Today”

Dr Darlene A Kluka - President IAPESGW

09:00 – 09:30 Key Note Address – “Physical Education: A Life Orientation Perspective” (Venue A)

Me Doreen Solomons, Me Brenda Prince & Me Daleen Christiaans, South Africa

09:30 – 10:00 Key Note Address – “The Impact of Making Better Decisions in Elite Sport”, (Venue A)

Dr Sherylle Calder, South Africa.

10:00 GROUP PHOTO ON STEPS OF SPORTS SCIENCE BUILDING (Orders can be placed for this historical photo)

10:30 – 11:00: Morning Refreshments

11:00 – 12:00 PARALLEL SESSION ONE

VENUE A SPORT SCIENCE AND TECHNOLOGY Facilitator: Gerrie van Wyk	VENUE B LIFELONG LEARNING Facilitator: Phyllis Love	VENUE C DIVERSITY Facilitator: Johanna Adriaanse	VENUE D POLICY DEVELOPMENT AND LEADERSHIP Facilitator: Shawn Ladda	GAMES HALL POSTERS
11:00 – 11:20 Perceptions of Botswana Female Athletes about HIV/AIDS and Sports: A Qualitative Analysis <i>O M Toriola Botswana</i>	11:00 – 11:20 Games Approach to Promote Sports for College Females <i>Kanae Haneishi USA</i>	11:00 – 11:20 Diversity, Disability Dance – Creativity is needed for Personal Development <i>Maria Dinold Austria</i>	11:00 – 11:20 Women on Boards: A Guide to Getting Involved <i>Nora Sheffen Canada</i>	11:00 – 11:20 The Effect of Exercise Training on Different Aspects of Musculoskeletal Disorders and Health in Post Partum Women. <i>Mokhtari, Ghani Gh, Mohammadanian L; Kamalifard, M; Ajourloo Mohammad</i>
11:20 – 11:40 Nutritional Status of South African Women between the Ages of 18 and 22 Years <i>Jandri Barnard South Africa</i>	11:20 – 11:40 Physical Education as Lifelong Learning: An “Action” Research Environment with Female Students <i>Nancy Melnychuk Canada</i>	11:20 – 11:40 The Anachronistic Gender-Sport Imbalance: The Construction of Identities, or Beyond the Glass Ceiling to the “Glass Escalator” <i>Irene Kamberidou Greece</i>	11:20 – 11:40 Skills development for women and girls in the practice of sport and recreation in South Africa <i>Lynne Lourens South Africa</i>	11:20 – 11:40 Increased Cardiovascular risk and South African Women, <i>Rina Grant South Africa</i>
11:40 – 12:00 An Epidemiological study of	11:40 - 12:00 Raising Standards in Physical	11:40 - 12:00 Manifestations of Physical Activities	11:40 - 12:00 Barriers to Physical Activity	11:40 – 12:00 Girls First Basketball Courts

Physical Activity Patterns and Weight Gain in Physically Active and sedentary pregnant women in Pretoria. <i>P Wood</i> <i>South Africa</i>	Education (PE) and Physical Literacy (PL) within primary schools <i>Melanie McKee</i> <i>Sport Northern Ireland</i>	of Indigenous Women in Bolivar and Amazona states of Venezuela <i>Mizrahi, Elizabeth</i> <i>Saliyas, Oscar</i> <i>Venezuela</i>	Participation among Two Generations of Black Professional Women in South Africa <i>Cheryl Walter</i> <i>South Africa</i>	in NTU: The Power Structure in Sport Field,. <i>Wan Ching CHO</i> <i>Taiwan</i>
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12:00 – 14:00 LUNCH

14:00 – 16:40 PARALLEL SESSION TWO

VENUE A SPORT SCIENCE AND TECHNOLOGY Facilitator: Amanda Bennett	VENUE B LIFELONG LEARNING Facilitator: Susi-Kathi Jost	VENUE C DIVERSITY Facilitator: Margaret Talbot	VENUE D POLICY DEVELOPMENT AND LEADERSHIP Facilitator: Karin Lofstrom	GAMES HALL POSTERS
Diabetes: A Global Community Epidemic <i>Phyllis Love</i> <i>Sandra Lemoine</i> <i>USA</i>	14:00- 14:20 Physical Literacy and the Young Child <i>Patricia Maude</i> <i>United Kingdom</i>	14:00- 14:20 Knowledge of the Olympic Movement: Gender Differences of Sport Students at Selected South African Universities <i>Gerrie van Wyk</i> <i>Anneliese Goslin</i> <i>South Africa</i>	14:00- 14:20 Female sport administrators' experiences of differential treatment in the workplace <i>Simone Titus</i> <i>South Africa</i>	14:00 – 14:20 Feminine Physical Education During Spanish Dictatorship from 1936 to 1975 <i>Luisa Zagalac and co-authors, Spain</i>
14:20 – 14:40 Creating Equitable Motivational Learning Climates for All Learners: An Overview of High Autonomy Physical Play Environments (HAPPE) <i>Mary E Rudisill,</i> <i>USA</i>	14:20 – 14:40 Demonstrating the power of engaging secondary aged girls in the process of change across families of schools through the "GIRLSACTIVE" Initiative <i>Jenny Rouse</i> <i>The Youth Sport Trust,</i> <i>Loughborough University, UK</i>	14:20 – 14:40 16:20 – 16:40 "I am dancing between different Cultures" – Participation of Young Muslim Women in German Sports <i>Christa Cachay</i> <i>Germany</i>	14:20 – 14:40 Consensus for Change Through an Appreciative Inquiry Approach <i>Val Chapman</i> <i>Will Bowen-Jones</i> <i>United Kingdom</i>	14:20 – 14:40 Body Sense: Promoting Positive Self-Esteem <i>Emily Nkosi</i> <i>USA</i>
14:40 – 15:00 Influence of Daily Physical Activity on Pregnancy Outcomes <i>Maryam Koushkie Jahromi</i> <i>Sara Hojati, Iran</i>	14:40 – 15:00 The Place of Single-Sex Physical Education in Modern Mixed-Sex Education System in Turkey <i>Canan Koca Turkey</i>	14:40 – 15:00 Female, Sporty, Being on the Ball <i>Christa Zipprich</i> <i>Germany</i>	14:40 – 15:00 Sports TV Commercial as a Reproductive Machine of Heterosexuality <i>Shan-Hui HSU, Taiwan</i>	14:40 – 15:00 Role modelling of Olympic Champions: Perceptions of sport students at selected South African Universities <i>Gerrie van Wyk, Anneliese Goslin, A S Geldenhuys, M</i>

				<i>Koen, J Odendaal. South Africa</i>
<p>15:00 – 15:20 Evaluation of the physical profile of female Judokas in school age</p> <p><i>Raquel Hernandez Spain</i></p>	<p>15:00 – 15:20 Investigating the concept of Physical literacy in the Physical Education Experiences of four and five year old Children</p> <p><i>Liz Taplin United Kingdom</i></p>	<p>15:00 – 15:20 Research into Practice: Negotiating Spaces for Embodied Faith to Improve Inclusion of Muslim Girls in Physical Education: Case Study – Birmingham</p> <p><i>Helen Miles Tansin Benn Symeon Dagkas Haifaa Jawad</i></p>	<p>15:00 – 15:20 Title IX During the Bush Administration</p> <p><i>Marilyn Mather USA</i></p>	<p>15:00 – 15:20 Perceptions of Fair play as an Olympic Ideal: gender differences of sport students at selected South African Universities.</p> <p><i>Gerrie van Wyk, Anneliese Goslin and co-authors, South Africa</i></p>
<p>15:20 – 15:40 Effects of High Autonomy Physical Play Environments (HAPPE) on Skill Development and Perceived Competence in Girls.</p> <p><i>Leah Robinson USA</i></p>	<p>15:20 – 15:40 Aspects of Self-Concept of Women with Handicaps</p> <p><i>Reinhild Kemper Germany</i></p>	<p>15:20 – 15:40 The Women’s Islamic Games: An Exploration of British Muslim Women’s Experiences of Competitive Sport</p> <p><i>Aisha Ahmad United Kingdom</i></p>	<p>15:20 – 15:40 Life Histories of Female Athletes: Understanding why Women serve on International Women-led Sport NGO’s</p> <p><i>Christina Gipson USA</i></p>	<p>15:20 – 15:40 Perceptions of Olympic Ideals of sport students at selected South African Universities</p> <p><i>Gerrie vanWyk, Anneliese Goslin, R da Silva, P Sthole. South Africa</i></p>
<p>15:40 – 16:00 The Relationship between the Self-Efficacy, Internal and External Imagery Ability with Table Tennis Athletes’ Performance</p> <p><i>Farideh Shariffar Iran</i></p>	<p>15:40 – 16:00 Learning through International Experience: Young People in Sport and Global Citizenship: A Case Study between Birmingham UK and South African Schools,</p> <p><i>Helen Miles; Lisa Darwood; Neil MacKintosh; Simon Mokalodise; Pinky Mayeza; Lucas Mathebula United Kingdom</i></p>	<p>15:40 – 16:00 Behind the Curtain: Understanding Physical Transition and the Truth Behind</p> <p><i>Kristen Worley Canada</i></p>	<p>15:40 – 16:40 The National Association for Girls and Women in Sport (NAGWS) of the United States: Continued Advocacy Toward Equity for All</p> <p><i>Glenna Bower Heidi Grappendorf Shawn Ladda Sharon Shields, USA</i></p>	<p>15:40 – 16:00 Self-Esteem for Female Students at the Department of Physical Education and its Relation with Academic Level</p> <p><i>Nibras Al-Morad</i></p>
<p>16:00 – 16:20 Influence of body composition on the prevalence of postural deviations in 11 to 13 year old black children in the North West Province. <i>Suzanne Jacobs, Hans de Ridder, Cilas Wilders, Suria Ellis, South Africa</i></p>	<p>16:00 – 16:20 Building Bridges: Sport, Physical Education and the Outward Facing School</p> <p><i>Ally Brennan United Kingdom</i></p>	<p>16:00 – 16:20 Some Athletic Concepts Related to Female Members for some of Al-Fatat Clubs in Iraq</p> <p><i>Safaaddin T.M-Ali Iraq</i></p>	<p><i>NAGWS continued</i></p>	<p>16:00 – 16:20 Specific Motivational Aspects in Junior and Senior Female Soccer Players</p> <p><i>Reinhild Kemper, Germany</i></p>

<p>16:20 – 16:40 Evaluation of a Cyclic-Progressive Physical Training Programme for Female Soldiers during Basic Training</p> <p><i>P Wood & P E Kruger South Africa</i></p>	<p>16:20 – 16:40 Can Children’s Indigenous Games Contribute toward Developmental Movement?</p> <p><i>Philemon Lyoka South Africa</i></p>	<p>16:20 – 16:40 Systematical Development of a Learning Outcome on healthy Lifestyle in a School-Based Life-Skill programme for South African Youth</p> <p><i>Petrus Steyn, South Africa Herman Schaalma, The Netherlands Charline Mouton, South Africa</i></p>	<p>NAGWS continued</p>	<p>16:20 – 16:40 Snapshot of Women’s Sport Around Australia</p> <p><i>Imke Fischer, Janice Crosswhite, Australia</i></p>
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16:45 – 18:30 PLENARY SESSION - WORKSHOP 1 (VENUE A) - BUILDING ON THE PAST – REACHING INTO THE FUTURE: WOMEN AND SPORT ISSUES AND CHALLENGES

Contributors: Johanna Adriaanse, Chair IWG
Chris Shelton: WSI Board
Dr Darlene A Kluka: President, IAPESGW

EVENING PROGRAMME – OWN ARRANGEMENTS BY DELEGATES



The Socci Multi Sport System was introduced to the world in 2004. It's a unique 4 sided goal that promotes participation because of the high level of success achieved by participants. The Socci program focuses on gross motor and social development and has received rave reviews from educators around the country. Socci is used to provide quality standards based education using fast, high scoring games and activities that are fun and inclusive. Using Socci, participants get multiple opportunities to practice and refine a variety of fundamental skills that they need to develop healthy and active lifestyles. The Socci curriculum is designed to maximize participation and develop teamwork, communication, cooperation, and sportsmanship.



Skillastics® is a series of standards-based fitness and sport-specific games that allow 1 to 100 children of varying ages and fitness levels to participate and enjoy being active at one time. Skillastics® develops confidence, facilitates cooperation, and instills positive exercise habits that last a lifetime! Skillastics® is an attitude, a methodology that allows ALL children to have a positive experience in being physically active!

SATURDAY 18 JULY 2009 - Sports Science Building, Coetzenburg, University of Stellenbosch

08:00 - 09:00: Key Note Address

Beth Kirkpatrick (USA, Polar) *“The use of Technology in Physical Education and Sport”*

09:00 – 10:30 PLENARY SESSION -WORKSHOP 2

“ACCEPT AND RESPECT” THE INDIVIDUAL AND COLLECTIVE EFFECTS OF NEGOTIATING AN INTERNATIONAL DECLARATION TO INCREASE PARTICIPATION OF MUSLIM WOMEN IN SPORTING ACTIVITIES”

Introduction by Chair – Dr Margaret Talbot

Overview of IAPESGW/Oman February 2008 Events and Outcomes – Dr Yousra AL-Sinani, Dr Tansin Benn

Panel presentation

GCC Study on inclusion in Physical Education in the Gulf Area of the Middle East – Dr Yousra Al-Sinani, Dr Mona Al-Ansari, Dr Eman Gaad, Dr Tansin Benn

Making a Difference: Agency in the Service of Women and Girls in Physical Education, Sport and Physical Activity – Dr Margaret Talbot

10:30 - 11:00 MORNING REFRESHMENTS

11:00 – 12:00 PLENARY SESSION - WORKSHOP 3: Adding Value to Physical Education- Good Practices in the USA to Promote Physical and Health Education. Come and experience programming that is prevalent in thousands of schools today in the USA from Kindergarten to 12th Grade. A profile of activities from small to big budgets – from little technology to state-of-the-art applications

Michael Cordier, USA Pavilion Coordinator, FIZIKA

1200 – 13:00 PARALLEL SESSION THREE

VENUE A SPORT SCIENCE AND TECHNOLOGY Facilitator: Liz Bressan	VENUE B LIFELONG LEARNING AND DANCE Facilitator: Candace Kok	VENUE C DIVERSITY Facilitator: Janice Crosswhite	VENUE D POLICY DEVELOPMENT AND LEADERSHIP Facilitator: Chris Shelton	GAMES HALL POSTERS
12:00 – 12:20 Shared values as an antecedent to Increased performance on Women’s Collegiate Teams <i>Amy Giddings USA</i>	12:00 – 12.20 A Study of Teaching Dance as a Lifelong Activity – An intensity of Choreography and Enthusiasm for Music <i>Roka Iida Japan</i>	12:00 – 12:20 Retired Women Athletes and Social Policies: A Case Study in Turkey <i>Tennur Yerlysu Lapa Turkey</i>	12:00 – 12:20 Is the Golf Pro In? Exploring the Emerging Profession of Female PGA Coaches <i>Lesley Phillpots United Kingdom</i>	12:00-12:20 Effective Steps to Tackle the Deterioration of Women’s Sport in Iraq <i>Nadhim Al-Water, Fatima Hussein, Iraq</i>
12:20 – 12:40 Prevalence Rates of Depression in Physical Education and non-Physical Education Girl Students in Shiraz University, Iran	12:20 – 12:40 Pursuing a method that enables Anyone to Engage in Traditional Japanese Performing Arts	12:20 – 12:40 Women and Sport Development in Tanzania	12:20 – 12:40 A Comparative Analysis of Women Board Members in Sport Organisations and Corporate Entities	12:20 – 12:40 Understanding the Female Students’ Physical Education Attitudes: An Investigation of Students

<i>Fatemeh Pasand</i> <i>Iran</i>	<i>Hiriko Tsuda</i> <i>Japan</i>	<i>Marwa, John Devota</i> <i>Mhando, M.K. Lin, Tanzania</i>	<i>Johanna Adriaanse</i> <i>Australia</i>	Experiences, Beliefs and Feelings <i>Daniel Robinson,</i> <i>Nancy Melnychuk, Canada</i>
12:40 – 13:00 Determination of Validity and reliability of Vital Capacity Estimation in Girl Students by Two Methods of Spirometry and Allometric Equation <i>Neda Khaledi</i> <i>Iran</i>	12:40 – 13:00 Dance Learning Model: Dance Themes as a Creative Art Experience <i>Kyoko Nakamura</i> <i>Japan</i>	12:40 – 13:00 Physical Education from the Perspective of Gender <i>Luisa Zagalaz</i> <i>Spain</i>	12:40 – 13:00 International Development through Sport – From Policy to Practice <i>Elias Musangeya, Pippa Goodhead</i> <i>United Kingdom</i>	12:40 – 13:00 Study of Toyo Fujimura <i>C Okuno</i> <i>Japan</i>

13:00 – 14:00 LUNCH, GAMES HALL, SPORT SCIENCES BUILDING

14:00 – 17:20 PARALLEL SESSION FOUR

14:00 – 14:20 Facilitator: Anneliese Goslin The Importance of Leisure Time Physical Activity Participation in Turkish Lower Class Women's Life <i>Nefise Bulgu</i> <i>Canan Koca</i> <i>Turkey</i>	14:00 – 14:20 Facilitator: Nancy Melnychuk Dance Learning Model for Creative Dance Education II – Practices and Results at a College and a University of Physical Education <i>Ritsuko Kasai</i> <i>Miwako Takano</i> <i>Japan</i>	14:00 – 14:20 Facilitator: Kallie van Deventer The Beijing Games, National Identity and Gender in China <i>Jinxia Dong</i> <i>China</i>	14:00 – 14:20 Facilitator: Christina Gipson Defining and Creating Athlete Civic Engagement <i>Amy Giddings</i> <i>USA</i>	14:00 – 14:20 Go Sisters – Girls Empowerment through Sport <i>Patrick Mweshi,</i> <i>Zambia</i>
14:20 – 14:40 Measurement of Burnout among Physical Education Teachers in Iran <i>Zareian Jahromi, Fatemeh Sajjadi, Seyed Nasrollah Naderian, Jahromi, Iran</i>	14:20 – 14:40 Case Study on Dance-Creation Processes <i>Toshiko Shimauchi</i> <i>Japan</i>	14:20 – 14:40 Headscarves, Sports Bras and Muslim Women's Basketball <i>Samaya Farooq</i> <i>United Kingdom</i>	14:20 – 14:40 Where are we Now? Some Answers from "Down Under" <i>Janice Crosswhite</i> <i>Imke Fischer, Australia</i>	14:20 – 14:40 Physical Education Students' Perspectives on Direct, Peer en Problem Solving Strategies <i>Faisal Almulla</i>
14:40 – 15:00 Prevalence and Pattern of Body Mass Index among University of Ibadan Undergraduate Students <i>Ayodeyi Ayodele Fabunmi</i> <i>Nigeria</i>	14:40 – 15:00 Performing and Teaching Indian Dance: Creative Approaches to being an Artist-in-Education <i>Chitraloka Bolar</i> <i>United Kingdom</i>	14:40 – 15:00 Addressing Homophobia in Sport – A Canadian Experience <i>Karin Lofstrom</i> <i>Canada</i>	14:40 – 15:00 Levelling the Playing Field: A Comprehensive Model for Developing Women Coaches <i>Chris Shelton, Kanae Haneishi, Katie Jones, Lacey Carmon, Emily Nkosi, USA</i>	14:40 – 15:00 A Short Training Program of Basic Life Support of Children <i>Kanae Watanabe</i> <i>Japan</i>

<p>15:00 – 15:20 Healthy Lifestyle: An Assessment of Physical Activity Levels Among Zimbabwean Women</p> <p><i>Codra Kupara-Spencer UK</i></p>	<p>15:00- 15:20 The Lifestyle of Japanese College Women and an analysis about the desire to be thin and beautiful</p> <p><i>Saiko Shirakawa Japan</i></p>	<p>15:00- 15:20 Integrating Indigenous Knowledge into Physical Education for the Multicultural Classroom: A South African Context</p> <p><i>Charl Roux South Africa</i></p>	<p>15:00- 15:20 Student Teachers' Perceptions of their Skills and Attributes for teaching Physical Education Neglect Diversity</p> <p><i>Nancy Melnychuk Daniel Robinson Canada</i></p>	<p>15:00 – 15:20 Talent Recruit and Selection of Female Sex in Basketball in the Rural Pedagogical Institute El Macaro,</p> <p><i>Frank Blanco Venezuela</i></p>
<p>15:20 – 15:40 Heart Rate of Competition in Young Female Tennis Players</p> <p><i>Gema Torres Raquel Hernandez Zagalaz M Luisa Amador Lara Onofre Contreras Spain</i></p>	<p>15:20 – 15:40 Exploring the Lives of Women Teacher-trainees of Physical Education in An Islamic, Arabic Country: Case Study Oman</p> <p><i>Tansin Benn Yousra Al-Sinani United Kingdom, Oman</i></p>	<p>15:20 – 15:40 The Women Football and Manioc Cultivation in the Amazon Communities of Bico, Guiamucu and Canefa Fina</p> <p><i>Claucio Campos Gomes Matos Maria Beatriz Rocha Ferreira Venezuela</i></p>	<p>15:20 – 15:40 Moving on Up – Impact of the Women and Leadership Development Programme</p> <p><i>Amanda Bennett Charlotte Edward United Kingdom</i></p>	<p>15:20 – 15:40 Current Status of the Female Gender in Physical Education Career or Undergraduate Studies</p> <p><i>Cleomaris Sanchez de Velasquez, Venezuela</i></p>
<p>15:40 – 16:00 Regression Analysis of Criterion Variable Folk Dances in the Latent Space of Motor Variables</p> <p><i>Amra Nozinovic-Munanovic Fadila Ibrahimbegovic-Gafic Bosnia and Herzegovina</i></p>	<p>15:40 – 16:00 Physical Literacy, Capabilities and Intelligence</p> <p><i>M E Whitehead UK</i></p>	<p>15:40 – 16:00 Constructing Gender Identity in a Male Dominated Sport: Women and Wrestling in Turkey</p> <p><i>Ilknur Hacysoftaoglu, Nefise Bulgu Turkey</i></p>	<p>15:40 – 16:00 Cultural Intersections in An International Curriculum Development Project Focused on Values Education</p> <p><i>Deanna Binder Canada</i></p>	<p>15:40 – 16:00 Program of Physical and Recreational Activities targeted at housewives representatives of the U.E.E “Rosa Amelia Flores” in the Neighbourhood April 19 in the Municipality of Santiago Marino Aragua State,</p> <p><i>Gladys Guerrero, Juan Hojas, Jeglys Abreu, Venezuela</i></p>
<p>16:00 – 16:20 The Level of development of Selected Morpho-Functional Characteristics of development Age Population from the Swietokryskie Region</p> <p><i>Malgorzata Markowska, Grazyna Nowak-Starz Elzbieta Ciesla, Poland</i></p>	<p>16:00 – 16:20 Physical Literacy: Questions, Answers and Debate</p> <p><i>M E Whitehead UK</i></p>	<p>16:00 – 16:20 Gender relation on the students' Admission to the Physical Education Career at UPEL EL MACARO</p> <p><i>Ramos, Argenira D'Amico, Rosa Venezuela</i></p>	<p>16:00 – 16:20 Teachers' Professional Development: Putting Children's Learning First</p> <p><i>J Keay, United Kingdom</i></p>	<p>16:00 – 16:20 How Menarche affects Sport Training</p> <p><i>Maurry, Lourdes, Zara, Helen, Venezuela</i></p>

<p>16:20 – 16:40 Gender Typing of Sport: Its Effect on Females' Self-Confidence and Perceived Ability to Play Soccer</p> <p><i>F B Adeyanj Nigeria</i></p>	<p>16:20 – 16:40 Factors related to Leisure Time Sport Activities of Female Students in Iran</p> <p><i>Maryam Jahromi Koushkie, Tansin Benn, Homa Shehkani Ebrahim Khoshnam</i></p>	<p>16:20 – 16:40 Six Venezuelan Sport Women stand up and tell their stories</p> <p><i>Murillo, Josil Lopez de D'Amico, Rosa Venezuela</i></p>	<p>16:20 – 16:40 Fit for Girls: Re-engaging Girls in Physical Education, Sport and Physical Activity</p> <p><i>Jessica Lindof United Kingdom</i></p>	<p>16:20 – 16:40 <i>Outdoor Physical Education Lessons</i></p> <p><i>Ibrahimbegovic-Gafic, Fadila Bosnia and Herzegovina</i></p>
<p>16:40 – 17:00 Social Physique Anxiety and the Stages of Exercise Behaviour Change in Iranian Female Students</p> <p><i>Reza Shajie Iran</i></p>	<p>16:40 – 17:00 IAPESGW in Oman: The Individual and Collective Efforts of Negotiating and International Declaration to Increase Participation of Muslim Women in Sporting Activities – “Accept and Respect”</p> <p><i>Margaret Talbot and Co-Authors</i></p>	<p>16:40 – 17:00</p>	<p>16:40 – 17:00 A Review of the Life, Achievements and Challenges of the Sport Association of Arab Women</p> <p><i>Karfoul, Nour Al Houda Syria</i></p>	<p>16:40 – 17:00 Training program for physical education teachers on prophylaxis of the morphological and postural alterations of children in Venezuelan basic school.</p> <p><i>Alirio Arrijoja, Venezuela</i></p>
<p>17:00 – 17:20 Level of Physical Activity of Female Students of the Faculty of Health Sciences Jan Kochanowski University in Kielce in the Aspect of Selected Social-Economic Considerations</p> <p><i>Grazyna Nowak-Starz Malgorzata Markowska Poland</i></p>	<p>17:00 – 17:20 Interactive CD Roms</p> <p><i>P M Maude</i></p>	<p>17:00 – 17:20</p>	<p>17:00 – 17:20</p>	<p>17:00 – 17:20</p>

17:30 – 18:45 GENERAL MEETING IAPESGW (VENUE D)

19:00 – 23:00 CONFERENCE DINNER: “NEELSIE” Student Centre, University of Stellenbosch



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SUNDAY 19 JULY 2009 - Sports Science Building, Coetzenburg, University of Stellenbosch

08:00 – 09:00 PLENARY SESSION - WORKSHOP 4: SPORT STACKING – An Innovative Supplement to Physical Education
VENUE A

Gavin Penkin, Sport Stacking South Africa

09:00 – 10:00 PLENARY SESSION WORKSHOP 5: SKILLASTICS, VENUE A

Sabrina Mulligan, Game Box Ltd

10:00 – 11:00 PARALLEL SESSION FIVE

VENUE A SPORT SCIENCE AND TECHNOLOGY Facilitator: Imke Fischer	VENUE B LIFELONG LEARNING Facilitator: Meredith Whitley	VENUE C DIVERSITY Facilitator: Rosa D'Amico	VENUE D POLICY DEVELOPMENT AND LEADERSHIP Facilitator: Jinxia Dong	GAMES HALL POSTERS
10:00 – 10:20 Participation of Girls and Women with Disabilities in Adapted Sports in Angola <i>Agueda Gomes Angola</i>	10:00 – 10:20 The Motivation and Inspiration Factors: A Game Plan for Working Women in Malaysia <i>Nadhratul Wardah Salman Malaysia</i>	10:00 – 10:20 Discrimination against Female Athletes in Venezuela <i>Neidha Rebeca Oropeza R Venezuela</i>	10:00 – 10:20 Using Sport to promote HIV/AIDS Education for at-risk Children <i>Cyprian N Maro United Kingdom</i>	GENERAL VIEWING
10:20 – 10:40 Recreational Activities to prevent Venezuela Teenager Girls from Alcohol Consumption <i>Grisell Bolivar Clara Trujillo R</i>	10:20 – 10:40 Omani Physical Education Student Teachers' Intention and Practice of Cooperative Learning Style <i>Nasser AL-Rawahi</i>	10:20 – 10:40 Women Involvement in the Brazilian Indigenous Peoples Games <i>Rocha Ferreira, Maria Beatriz Toledo, Vera R.C. Hernandez, Manuel V. Brazil, Spain</i>	10:20 – 10:40 The Impacts of Irrational Herding Activities on Female Students selecting Physical Education Courses in College and University <i>Yaqin Yang, China</i>	GENERAL VIEWING
10:40 – 11:00	10:40 – 11:00	10:40 – 11:00	10:40 – 11:00	GENERAL VIEWING

12:00 – 13:30 CLOSING CEREMONY, VENUE A, SPORT SCIENCE BUILDING, UNIVERSITY OF STELLENBOSCH

Closing Address – Darlene A Kluka, Outgoing President, IAPESGW

Awards - Darlene A Kluka, Outgoing President, IAPESGW

Announcing 2013 Congress Venue – Incoming President IAPESGW

Adjourning Congress – Incoming President, IAPESGW

DEPARTURE OF DELEGATES - HAVE A SAFE JOURNEY!



The HOPSports Training System (HTS) is a multi-media instructional tool for physical educators and youth programmers delivered through Digital Video Recorder (DVR) technology. The HOPSports Video Library encompasses over 130 fitness lesson plans specifically designed to meet physical activity standards. These exciting and interactive lessons deliver physical education directly to youth through the merger of media and technology. HOPSports has created uniquely innovative, cost-effective fitness programming for schools and community organizations that train, evaluate, educate and entertain all ages while sharing nutrition, anti-smoking, healthy relationship, leadership and character development education in a multi-screen, dynamic presentation that captures children's attention and speaks their language. The HTS incorporates cutting-edge training concepts into sports specific skills, circuit training, aerobic dance, martial arts, and countless other lesson plans for youth in community based programs for youth. The HTS incorporates traditional sport skills such as baseball, basketball, football, and soccer but also exposes youth and instructors to activities that they may not otherwise have access.



Polar is the leading brand in sports instruments and heart rate monitoring category, delivering state-of-the-art training technology and solutions.



Sport stacking helps students develop bilateral proficiency equal performance on both sides of the body. By increasing bilateral proficiency, a student develops a greater percentage of the right side of the brain, which houses awareness, focus, creativity and rhythm. Stacking helps train the brain for sports and other activities where the use of both hands is important, such as playing a musical instrument or using the computer. Sequencing and patterning are also elements of sport stacking, which can help with reading and math skills.



Wellness Assessment Center, Inc is a consulting company aiming to increase business development for its clients through domestic and international channels. In partnership with Fizika Group, LLC the company is well positioned to provide programs, products, and services to enhance physical activity and life-time wellness around the globe. This is achieved with accurate measurement and evaluation processes through state-of-the-art technology.

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CONGRESS WEBSITE AND ABSTRACTS

Salmar Burger, University of Pretoria

