

Theodoros A. Katsoulas
Assistant Professor
Critical Care Nursing
Intensive Care Unit, Surgical-Nursing Sector
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TEACHING

Undergraduate

1. Emergency and Critical care Nursing, seventh semester
2. Infection Control Nursing, sixth semester

Postgraduate

1. Critical care Nursing, 3rd semester, Advanced Clinical nursing Postgraduate Program
2. Vascular Access, 3rd semester, Advanced Clinical nursing Postgraduate Program
3. Special Issues concerning Infection Control in healthcare facilities, 3rd semester, Applied Nursing Science Postgraduate Program

EDUCATION

Doctoral Diploma: «Quality of life changes in patients with chronic obstructive pulmonary disease after hospitalization due to acute exacerbation» Clinical Nursing, Nursing Department, National and Kapodistrian University of Athens (2006)

Postgraduate Diploma: Clinical Nursing, Nursing Department, National and Kapodistrian University of Athens (2000)

First Degree: Nursing Department, National and Kapodistrian University of Athens (1996)

RESEARCH INTERESTS

1. Critical care Nursing
2. Vascular Access under US guidance
3. Peripherally Inserted Central Catheters
4. Heart Failure & Nurse led Heart Failure Programs
5. Quality of Life in chronic diseases
6. Rehabilitation and quality of life after ICU hospitalization

RESEARCH PROGRAMMES

1. ESICM VIP1 (POETICS) study (2016-2017) A study of outcomes of the very old (≥ 80) patients admitted to ICUs in 16 European Countries

SCIENTIFIC PUBLICATIONS

1. Kapritsou M, Katsoulas T, Bastaki M, Kiekkas P, Stafylarakis E, Konstantinou E. Implementation of tunnelled versus not tunnelled peripherally inserted central catheters. *J Vasc Nurs* 2018 (In press)
2. Galanis P, Fragkou D, Kaitelidou D, Kalokairinou A, Katsoulas T. Risk factors for occupational stress among Greek police officers. *Policing: An International Journal* 2018 (In press)
3. Guidet B, Flaatten H, Boumendil A, Morandi A, Andersen F, Artigas A, Bertolini G, Cecconi M, Christensen S, Faraldi L, Fjolner J, Jung C, Marsh B, Moreno R, Oeyen S, Ohman C, Pinto B, Soliman I, Szczeklik W, Valentin A, Watson X, Zafeiridis T, De Lange D, on behalf of the **VIP 1 study group**. Withholding or withdrawing of life sustaining therapy in older adults (≥ 80 years) admitted to the intensive care unit. *Intensive Care Med* 2018;44(7):1027-1038.
4. Nieri AS, Manousaki K, Kalafati M, Padilha KG, Stafseth SK, Katsoulas T, Matziou V, Giannakopoulou M. "Validation of the nursing workload scoring systems "Nursing Activities Score" (NAS), and "Therapeutic Intervention Scoring System For Critically Ill Children" (TISS-C) in a Greek Paediatric Intensive Care Unit." *Intensive Crit Care Nurs*. 2018; 48:3-9.
5. Kapritsou M, Korkolis DP, Giannakopoulou M, Kaklamanos I, Konstantinou M, Katsoulas T, Kiekkas P, Konstantinou EA. "Fast-Track Recovery Program After Major Liver Resection: A Randomized Prospective Study". *Gastroenterol Nurs*. 2018;41(2):104-110
6. Flaatten H, De Lange DW, Morandi A, Andersen FH, Artigas A, Bertolini G, Boumendil A, Cecconi M, Christensen S, Faraldi L, Fjolner J, Jung C, Marsh B, Moreno R, Oeyen S, Ohman CA, Pinto BB, Soliman IW, Szczeklik W, Valentin A, Watson X, Zaferidis T, Guidet B, **VIP1 study group**. "The impact of frailty on ICU and 30-day mortality and the level of care in very elderly patients (≥ 80 years). *Intensive Care Med*. 2017;43:1820-8.

7. Korkolis D, Kapritsou M, Passas I, Kalafati M, **Katsoulas T**, Konstantinou E. "Chylous ascites after laparoscopic low anterior colorectal resection for rectosigmoid carcinoma: A case report and a literature review". *Gastroenterol Nurs*. 2017;40:504-509
8. Kaklamanos I, Zarokosta M, Flessas I, Zoulamoglou M, **Katsoulas T**, Birbas K, Troupis T, Mariolis-Sapsakos T. "Surgical anatomy of double pyramidal lobe on total thyroidectomy: a rare case report" *J Surg Case Reports* 2017;3:1-3
9. Korompeli A, Muurlink O, Kavrochorianou N, **Katsoulas T**, Fildissis G, Baltopoulos G. "Circadian disruption of ICU patients: A review of pathways, expression , and interventions" *J Crit Care* 2016; 13;38:269-277
10. Papandreou V, Kavrochorianou N, **Katsoulas T**, Myrianthefs P, Venetsanou K, Baltopoulos G. "Adrenergic effect on cytokine release after ex vivo healthy volunteers' whole blood LPS stimulation" *Inflammation* 2016;39 (3):1069-75
11. **Katsoulas TA**, Konstantinou EA. "A rare case of catheter migration after a PICC port insertion" Letter to the Editor – BJA Out of the Blue e-letters. BJA January 2016. <http://bj.oxfordjournals.org/forum/topic/brjana>
12. Karabatsou D, Tsironi M, Tsigou E, Boutzouka E, **Katsoulas T**, Baltopoulos G. "Variable cost of ICU care, a micro-costing analysis" *Intensive Crit Care Nurs* 2016; 35:66-73
13. Konstantinou EA, Mariolis Sapsakos TD, **Katsoulas TA**, Velecheris D, Tsitsimelis D, Bonatsos G. "Persistent left superior vena cava leads to catheter malposition during PICC Port placement" *J Vasc Access* 2016; 9:17(2):e29-31
14. Konstantinou EA, **Katsoulas TA**, Fildissis G, Myrianthefs PM, Kiekkas P, Baltopoulos GI. "First peripherally inserted central catheter under ultrasound guidance in a Greek intensive care unit, inserted by perianesthesia university degree nurses". *J PeriAnesth Nurs* 2015; 30(6):487-91.
15. Grammatopoulou EP, Skordilis EK, Georgoudis G, Haniotou A, Evangelodimou A, Fildissis G, **Katsoulas T**, Kalagiakos P. Hyperventilation in asthma: A validation study of the Nijmegen Questionnaire - NQ. *J Asthma*. 2014; 29:1-8.
16. Konstantinou EA, Birbas K, **Katsoulas TA**, Karampinis DF, Mariolis-Sapsakos TD, Kaklamanos I, Bonatsos G. "Do we need navigation systems in the vascular access practice? A case of peripherally inserted central catheter malposition". *J Vasc Access*. 2014; 15(6): 541-542.

17. Stergiannis P, **Katsoulas TA**, Fildissis G, Intas G, Galanis P, Kosta N, Zidianakis V, Baltopoulos G. "Health related quality of life and rehabilitation cost following intensive care unit stay in multiple trauma patients". **J Trauma Nurs.** 2014; 21(3):115-21.

BOOKS

1. Baltopoulos G , Boutzouka E, Tsigou E, Katsoulas T. Intensive Care & Emergency Medicine: Old Age and Critical illness. Athens 2018
2. Baltopoulos G, Katsoulas T. Intensive Care & Emergency Medicine: Heart Failure and Coronary Artery Disease

ORGANIZATIONAL AND ADMINISTRATIVE ACTIVITIES

1. Studies Consultant for the Surgical Nursing Sector
2. Press Representative of the Nursing Department

MEMBERSHIP IN SCIENTIFIC and PROFESSIONAL ASSOCIATIONS

1. Nursing Studies Association
2. Hellenic Nurses' Association
3. Critical illness Studies Institute
4. Hellenic Critical care Association
5. Council on Cardiovascular Nursing and Allied Professions of the European Society of Cardiology
6. Hellenic Perianesthesia Nursing Association

HONORARY AWARDS

Nine awards and commendations in National Conferences